

Name: Ahmad Yahya Imhemmad Al-Sagarat

Date & place of birth: 29/06/1974

Nationality: Jordanian/ Australian

Address: Department of Community and Mental Health Nursing
Faculty of Nursing
Mutah University
AL-Karak Jordan
P.O Box 7
Postal code 61710

Mobile Phone: 0772038527

Email: sagarat74@mutah.edu.jo
sagarat4@hotmail.com

Qualification: Nursing Bachelor Degree, University of Jordan, 1996.

Higher Diploma Diploma Degree in General Education Mu'tah University 2002.

Master Degree in Clinical nursing Practice, University of Technology, Sydney, NSW- Australia 2005.

PhD In Mental Health Nursing, University of Wollongong, NSW-Australia 2012.

Working Experience: June, 1996-August, 1996
Al-Rasheed Psychiatric Hospital (Psychological Consultation Unit).

August, 1996-August, 1997
University of Jordan's Hospital
Neuro Intensive Care Unit (NICU).

August, 1997- Feb 2002 Clinical Instructor,
Tafilah Vocational Secondary School (Nursing Stream).

2002- 2004 Anatomy laboratory instructor
Faculty of Medicine, Mutah University, AL- Karak- Jordan.

July, 2004- October 2005 Casual Registered Nurse
at St Basils Nursing Home, Lakemba NSW 2195.

July 2005 till September 2012 (registered Nurse
Canterbury Hospital Campsie, NSW- Australia.

October 2012 till 20/10/2017 Assistant Professor
at Faculty of Nursing- Mutah University AL-Karak-
Jordan.

21/10/2017 till present Associate Professor at Faculty
of Nursing- Mutah University AL-Karak- Jordan.

September 2013 September 2016 The Head of
Community and Mental Health Nursing department/
Faculty of Nursing/ Mutah University

Associate Professor at Fatima College of Health
Sciences UAE/ Ajman Campus, August 2018 – till
02/01/2020

September 2020 until 8/10/2023 The Head of Community and Mental Health
Nursing department/ Faculty of Nursing/ Mutah
University

29/10/2023 Full Professor at Faculty of Nursing- Mutah University AL-Karak-
Jordan.

Teaching Experience:

Graduate:

Alternative Medicine and Nursing Practice (Master degree)
Research Methods in Nursing (Master degree)

Undergraduate

Psychiatric and Mental Health Nursing (Theory & Clinical)
Research Methods in Nursing
Disaster and emergency nursing
Health Education & communication skills
Nursing Fundamentals (Theory & Clinical)

Workshops & Lectures

October, 2013, 2014: Drug and alcohol use among adolescents in Jordan in collaboration with the community health department at Mutah University.

October, 2015: Addiction and psychological well being of high schools students in Jordan in collaboration with the Faculty of Islamic Studies at Mutah University.

November, 2014 The effect of mental and psychological Problems on the academic achievement among high schools students, workshop- in collaboration with AL-Karak Association for Medical Care in Tafilah Directorate of Education.

Participating in several scientific days held by the Nurses & Midwives Councils in 1995 & 1996.

Participating in several international conferences in 1995,1996, 2005, 2006, 2008,2013,2015,2016 related to females, midwifery, cancer, mental health and research.

Publications Peer Reviewed Journal

Al-Oran, Haytham, Ahmad Al-Sagarat, and Hala Obeidat. "Family-Centered Care from the Point of View of Undergraduate Nursing Students Studying in Selected Public Universities: A Cross-Sectional Study." *Health scope*. 13.4 (2024): DOI:10.5812/healthscope-145655

Qan'ir, Y., Song, L., Knafl, K., Sheeran, P., Tan, H., Shahait, M., & AL-Sagarat, A. (2024). Factors influencing engagement in pelvic floor muscle exercise following radical prostatectomy: A scoping review. *International Journal of Urological Nursing*. 18, 2, 12412e. <https://doi.org/10.1111/ijun.12412>

Moxham L, Tapsell A, Perlman D, Al Mutair A, Al-Sagarat AY, Alsarairh FA, Chung MH, Jose TT, Kuo SY, Liu MF, Nayak AK, Shamsan A, Sudhakar C, Tsai HT, Velayudhan B, Yang CY, Roberts MM, Yeh PM, Patterson C. Nursing students' attitudes towards mental illness: A multi-national comparison. *J Psychiatr Ment Health Nurs*. 2024 Dec;31(6):981-989. doi: 10.1111/jpm.13048.

Al Hadid, L., Z Al-Rajabi, O., Al Barmawi, M., & **AL-Sagarat, A. Y.** (2023). The Relationship Between Maternal Obesity with Pregnancy-Associated Hypothyroidism, Fetal Health, and Pregnancy Outcomes. *Journal of Holistic Nursing And Midwifery*, 33(3), 31-40

Hytham Al-oran, **Ahmad Al-sagarat**, Faris Alsarairh, Deema, Mahasneh (2023). A Cross Sectional Study of Pediatric Nurses' Perceptions and Practices of Family-Governmental Pediatric Setting, *Journal of Comprehensive Centered Care in Pediatrics*.

- Al-Sagarat, A. Y.**, Al Hadid, L. A., Al Barmawi, M., & Al-Khawaldeh, O. (2022). Factors influencing university students' acceptance to undertake the COVID-19 vaccine in Jordan. *Critical Care Nursing Quarterly*, 45(1), 98-106
- AlKhwaldeh, O., Al Barmawi, M., **AL-Sagarat, A. Y.**, & Al Hadid, L. (2022). Acceptability of Covid-19 Vaccines and the Associated Factors That Influence the Decisions of Healthcare Workers in Jordan. *Malaysian Journal of Medicine & Health Sciences*, 18.(4)
- AL-Sagarat, A. Y.**, Al Hadid, L. A., Tapsell, A., Moxham, L., Al Barmawi, M., & Khalifeh, A. H. (2022). Evaluating and identifying predictors of emotional well-being in nursing students in Jordan: a cross-sectional study. *Advances in Mental Health*, 20(3), 242-252.
- AlAzzam, M., **AL-Sagarat, A.**, Abdel Razeq, N., & Alsaraireh, F. (2021). Depression and anxiety among school adolescent females: A national study from Jordan. *School Psychology International*,(0), 1-19.
- Obeidat, H., Al Hadid, L., **Al-Sagarat, A.**, & Khrisat, M. (2021). Lived experience of Jordanian parents having a child with Duchennemuscular dystrophy. *J Pediatr Nurs*, (57), 5-10.
- Al Hadid, L., Al Barmawi, M., Qaddumi, J., **Al-Sagarat, A.**, & Moxham, L. (2020). Measuring the Psychometric Properties of the Arabic Version of DCL Scale to Measure Work-Related Stress among Jordanian Nurses. *Jordanian medical Journal*.
- Hamdan-Mansour¹, A., **AL-Sagarat, A.**, Shehadeh, J., & Al Thawabieh, S. (2020). Determinants of Substance Use Among High School Students in Jordan. *Current Drug Research Reviews*, 12, 168-174.
- Shoqirat, N, Maha sneh, D, singh, C, **AL-Sagarat, A** & Habashneh, S.(2019). Barriers to nursing pain management in the emergency department: A qualitative study. *International Journal of Nursing Practice*.
<https://doi.org/10.1111/ijn.12760>
- Al-Azzam M, **Al-Sagarat AY**, Tawalbeh L, Poedel RJ. (2018). Mental health nurses' perspective of workplace violence in Jordanian mental health hospitals. *Perspective in Psychiatric Care*. doi: 10.1111/ppc.12250.
- Al-Sagarat AY**, Qan'ir Y, Al-Azzam M, Obiedat, H & Khalifeh, A. (2018). Assessing the impact of workplace bullying on nursing competences among registered nurses in Jordanian public hospitals. *Nursing Forum*.

Al-Sagarat AY, Barmawi M, Al Hadid LAE, Qaddumi JAS, Moxham L. (2017). Validating the psychiatric nurses methods of coping questionnaire: Arabic version. *BMC Psychiatry*, 17,(1), 401-410.

Mansour, A., **Alsagarat, A.**, Alsarairih, F., Nawafleh, H., & Arabiat, H. (2018). Prevalence and correlates of substance use among psychiatric inpatients. *Perspective in psychiatric care*. 1-7.

AL-Sagarat, A., Al-Oran, H., Obeidat, H., Hamlan, A., & Moxham, L. (2017). Preparing the Family and Children for Surgery. *Crit Care Nurs Q*, 40(2), 99-107.

Al-Sagarat AY, Al Kalaldeh MT. (2017). Prevalence of Health-risk Behaviors among Government Schools' Students in Jordan. *Iran Journal of Public Health*, 46 (12), 1669-1678.

Al-Azzam, M., Tawalbeh, L., Sulaiman, M, **Al-Sagarat, AY**, Harb E.(2017).Prevalence and Risk Factors of Workplace Violence toward Mental Health Staff Departments in Jordanian Hospitals. *Issues Ment Health Nursing*, 38(5):435-442.

AL-Sagarat, A., yaghmour, G & Moxham, L .(2016).Intentions and barriers toward breastfeeding among Jordanian mothers—A cross sectional descriptive study using quantitative method. *Women and Birth*, 585, 1-6.

AL-Sagarat, A & Al-Ghwyen, W.(2016). Attitudes of Health Care Providers Toward the Presence of Family Members During Invasive Procedures in Children. *Comprehensive Child and Adolescent Nursing*, 39, 272-286.

AL-Sagarat, A & AL- Kharabsheh, A.(2016).TRADITIONAL PRACTICES ADOPTED BY JORDANIAN MOTHERS WHEN CARING FOR THEIR INFANTS IN RURAL AREAS. *African Journal of Traditional Complementary and Alternative Medicines*, 17, 1-9.

Al-Oran, H.M. and **AL-Sagarat, A.Y.** (2016) Parenting Stress of Children with Autistic Disorder. *Open Access Library Journal*,3, 1-10.

AL-Sagarat, A., ALSarairah, F., Masa'deh, R & Moxham, L. (2015).The impact of a mental health clinical placement on the clinical confidence of nursing students in Jordan. *Nurse Education Today, 35, 760-764.*

Alsagarat, A., Mansour, A., Alsarairah, F., Nawafleh, H., & Moxham, L. (2016). Prevalence of aggressive behaviours among patient with psychiatric disorders: a case study analysis from Jordan. *Nursing and Health Sciences, 18, 172-179.*

AL-Sagarat, A., Moxham, L, Curtis, J. & Crookes, P. A. (2014). The Perceptions of the Ward Atmosphere in Four Jordanian Psychiatric Hospitals From the Perspective of Patients' Relatives. *Perspective in Psychiatric Care, 50, 287-293.*

AL-Sagarat, A., Moxham, L. & Crookes, P. A. (2012). Perceptions of ward atmosphere: a case study of four Jordanian mental health facilities. *Australian nursing journal, 20(2), 44.*

AL-Sagarat, A., Curtis, J. & Crookes, P. A. (2009). The Perceptions of the ward atmosphere in four Jordanian psychiatric hospitals from the Perspective of Patients. The 9th International Mental Health Conference. Annual Conference, Gold Coast, Australia, August 2009.

AL-Sagarat, A., Curtis, J. & Crookes, P. A. (2008). Patients, nursing staff and patients' relatives perceptions of ward atmosphere in four Jordanian psychiatric hospitals. 34th Annual International Conference of the Australian College of Mental Health Nurses (pp. A1-A1). Melbourne: Blackwell-Synergy.

Conference Presentation

October 6-10, 2008: Presenter: Patients, nursing staff and patients' relatives perceptions of ward atmosphere in four Jordanian psychiatric hospitals. The 34th Annual International Conference of the Australian College of Mental Health Nurses, Melbourne, Australia.

August 21-25, 2009: Presenter: The Perceptions of the ward atmosphere in four Jordanian psychiatric hospitals from the Perspective of Patients. The 9th International Mental Health Conference. Annual Conference, Gold Coast, Australia,

Supervisory

MASTER

Main advisor: Master thesis: Intentions and Barriers of Exclusive Breastfeeding among Jordanian Mothers. **Ghada Mohammad Eid Ali Yaghmour. Mutah University, September, 2015.**

Main advisor: Master thesis: Attitudes of the Health Care Providers in Queen Rania Military Hospital toward the Presence of Family Members during Invasive Procedures in Children. **Wesal Shahadeh Abdrahman Al-Ghween. Mutah university, October 2015.**

Main advisor: Master thesis: Traditional Practices adopted by Jordanian mothers when caring for their infants in Rural Areas. **Amani Al-Kharabsheh. Mutah university,**

December 2015.

External Examiner: Master thesis: Nursing Students' Satisfaction and Its Relationship to Academic Performance and Students' Characteristics in Jordan. **Eman Husni AL-Shalabi. Jordan University for Science and Technology (JUST). March 2017.**

Contributions/ Membership

April to August, 2015: **Co-author:** National Psychiatric and Mental Health Nursing Competences and Standards. Jordanian nursing council.

March, 2014 until present Mutah University representative at Jordan National Commission for Education, Science and Culture.

Member at Jordan Nurses and Midwives Council.

Member at Specialization Committee, Jordanian Nursing Council (JNC).

September, 2016 until present the Chairperson of the Research Ethics Committee at the Faculty of Nursing/ Mutah University.

Additional Skills:

Arabic: Mother tongue.

*Very good conduct in English language in reading writing & speaking.

*A very good experience in dealing with computers.

*Excellent communication skills

References:

Ayman M. Hamdan-Mansour RN, MSN, PhD

Professor, Psychiatric Mental Health Nursing

School of Nursing-The University of Jordan

E-Mail: a.mansour@ju.edu.jo

Mobile Number: ++962796383002

Website: <http://academic.ju.edu.jo/a.mansour>

Dr. Noordeen Shoqirat

Associate Professor

Nursing Faculty

Mutah University

Karak, JORDAN

Tel: 00962 -795112850

Postal Code: 61710